



Car Talk for Player Week #2

Today's Core Value: Courtesy

Specific Behaviors Reflective of Today's Core Value: A Player shows Courtesy in their actions by staying still and quiet while others are playing and by being friendly and polite to others. A round of golf begins and ends with a handshake.

Today's Healthy Habit: Play – A variety of energizing play can help the body to stay strong, lean, fit, and be fun in the process. Sleep, diet, and other forms of re-charging allow one to engage in play on a daily basis. Play also helps to develop imagination and motor skills.

Today's Golf Fundamental: Target Awareness / Target Selection – See the target. Players learn to focus on the target and ways to alter the aim and direction of their intended shots. Players learn to see the target by standing behind their ball and finding their intended target line for every shot. "Every great golf shot starts from behind the ball."

Guiding questions for parents to ask their child:

- What was fun/challenging/interesting today at The First Tee?
- What kinds of things did you learn today? About golf? About a core value? About a healthy habit?
- How does target selection help you play better golf?
- Tell me more about Courtesy?
- How do you show Courtesy on the golf course? At school? At home?
- How will I know when you are showing Courtesy at home this week?