

Spring Camp Grid

Birdie/Eagle	Monday	Tuesday	Wednesday	Thursday	Friday
Warm Up: 9:00-9:15	Range	Range	Range	Range	Range
Location 1: 9:15-9:50	River's Edge Play	Range	Range	Range	Range
Activity	River's Edge Play	<u>Target Golf / Phase Challenge</u>	<u>Noodle Bowling Full Swing</u>	<u>21 For Full Swing</u>	<u>Football Golf with Small, Medium, and Large Swings</u>
Diagram	River's Edge Play	<u>Target Golf / Phase Challenge</u>	<u>Noodle Bowling Full Swing</u>	<u>21 For Full Swing</u>	<u>Football Golf</u>
Location 2: 9:55-10:30	River's Edge Play	Chipping	Chipping	Chipping	Chipping
Activity	River's Edge Play	<u>21 Triangle Chipping</u>	<u>Depth Charge Chipping</u>	<u>Capture the Tees Chipping</u>	<u>Noodle Bowling Chipping</u>
Diagram	<u>River's Edge Play</u>	<u>21 Triangle Chipping</u>	<u>Depth Charge Chipping</u>	<u>Capture the Tees Chipping</u>	<u>Noodle Bowling Chipping</u>
Location 3: 10:35 - 11:10	River's Edge Play	Putting	Putting	Putting	Putting
Activity	River's Edge Play	<u>Through the Gates Putting</u>	<u>1,2,3, Putting Game</u>	<u>Around the World Putting</u>	<u>3,3,3 Putting</u>
Diagram		<u>Through the Gates Putting</u>	<u>1,2,3 Putting Game</u>	<u>Around the World Putting</u>	<u>3,3,3 Putting</u>
Location 4 :11:15-11:50	River's Edge Play	Classroom	Classroom	Classroom	Classroom
Activity	River's Edge Play	Rules Demonstration/TBD	Rules Demonstration/TBD	Rules Demonstration/TBD	Rules Demonstration/TBD
Diagram	River's Edge Play				
Location 5: 11:50-11:50	Lunch Prep	Lunch Prep	Lunch Prep	Lunch Prep	Lunch Prep
Activity	Lunch Prep	Lunch Prep	Lunch Prep	Lunch Prep	Lunch Prep
Life Skill / Core Lesson	#16: Dreams and Goals. #17: Setting Goals that are Positive and Important to You. #22: Stay Well for Life.	#18: Setting Goals that are Specific and Under Your Control. #23: Building a Go-To Team. #24: Appreciating Diversity.	#19: Setting Different Types of Goals. #20: Getting to Your Goals - Goal Ladders. #25: Dealing with Conflicts - CARE	#21: Dealing with Challenges - STAR and the 4 R's. #26: Be a Go-To Person. #27: Planning for the Future.	Review Birdie Lessons #16 - #21. Review Eagle Lessons #22 - #27.
Golf Fundamental / Factor of Influence	Distance Response - Energy or Speed Applied to Motion / Club Selection	Body Balance - Balanced Start and Finish, Hold the Finish. Weight on Inside of Feet at Address.	Swing Rhythm. Swing Tempo. Consistent Swing Speed. Swing Sequencing. Flow of Motion.	Pre-Shot and Post-Shot Routines - Star and the 4 R's. Target Awareness - Verbalize a Target.	Ball Flight - Trajectory and Curvature. On Course Strategies - Self and Course Management.
Healthy Habit	Energy and Family	School and Community	Play and Mind	Safety and Friends	Vision and Review All
Etiquette / Definitions / Rules	Pace of Play / Sections of the Rules of Golf / Penalty for Breach of Etiquette / The Game / 1-2,3. 2-2. 3-3,4,5.	Consideration for Other Players / Equipment: Clubs and the Ball / The Teeing Ground and The Putting Green / 4-3. 5-1,3. 11-4a. 5. 17-2.	The Spirit of the Game / Playing the Ball and The Players's Responsibility / Care of the Course / Preventing Unnecessary Damage / 6-2. 8-1. 12-1. 13-4. 14-2.	Be Ready to Play / On the Putting Green / Scoring / Relief Situations / Lost Ball / Ball Moved / 18-3,6. 19-1,2,4,5. 20-3,4,5. 24-3.	Review Etiquette, Definitions, and Rules

Spring Camp Grid

Par	Monday	Tuesday	Wednesday	Thursday	Friday
Warm Up: 9:00-9:15	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
Location 1: 9:15-9:50	Range	River's Edge Play	Chipping	Chipping	Chipping
Activity	<u>Football Golf with Small, Medium, and Large Swings</u>	River's Edge Play	<u>Depth Charge Chipping</u>	<u>Capture the Tees Chipping</u>	<u>Noodle Bowling Chipping</u>
Diagram	<u>Football Golf</u>	River's Edge Play	<u>Depth Charge Chipping</u>	<u>Capture the Tees Chipping</u>	<u>Noodle Bowling Chipping</u>
Location 2: 9:55-10:30	Chipping	River's Edge Play	Putting	Putting	Putting
Activity	<u>Leap Frog Chipping</u>	River's Edge Play	<u>1,2,3, Putting Game</u>	<u>Around the World Putting</u>	<u>3,3,3 Putting</u>
Diagram	<u>Leap Frog Chipping</u>	River's Edge Play	<u>1,2,3 Putting Game</u>	<u>Around the World Putting</u>	<u>3,3,3 Putting</u>
Location 3: 10:35 - 11:10	Putting	River's Edge Play	Classroom	Classroom	Classroom
Activity	<u>21 Square Putting</u>	River's Edge Play	Rules Demonstration/TBD	Rules Demonstration/TBD	Rules Demonstration/TBD
Diagram	<u>21 Square Putting</u>	River's Edge Play			
Location 4 :11:15-11:50	Classroom	River's Edge Play	Range	Range	Range
Activity	Rules Demonstration/TBD	River's Edge Play	<u>Noodle Bowling Full Swing</u>	<u>21 For Full Swing</u>	<u>Football Golf with Small, Medium, and Large Swings</u>
			<u>Noodle Bowling Full Swing</u>	<u>21 For Full Swing</u>	<u>Football Golf</u>
Location 5: 11:50-12:00	Wrap Up	Wrap Up	Wrap Up	Wrap Up	Wrap Up
Life Skill / Core Lesson	#10: Exploring The Game - GAME. #11: Respecting the Rules.	#12: Meeting and Greeting with ALR / Five Steps for Meeting Someone New	#13: Having Fun While You Learn - Three Tips for Having Fun. #14: Staying Cool - The 4 R's.	#15: Finding Your Personal Par	Review Par Lessons #10 - #15.
Golf Fundamental / Factor of Influence	Distance Response / Size or Length of Motion / Club Selection	Target Awareness / Target Selection / Distance to the Target	Get Ready to Swing / Hold, Set-Up, Aim & Alignment	Body Balance / Balanced Finish / Y-Chip-Y, Y-Putt-Y, Hold the Finish	Club Face and Ball Contact / Club Face Direction at Impact / Swing Through the Ball
Healthy Habit	Safety	Play and Energy	Family	Friends	School
Etiquette / Definitions / Rules	Pace of Play / USGA, R & A / Sections of the Rules of Golf / Stroke Play and Match Play / 2-1,3.	Consideration for Other Players / Equipment / The Putting Green / 4-4a. 13-2,3. 14-4,5. 15-3. 17-1.	The Spirit of the Game / The Player's Responsibility / Care of the Course / Red, Yellow, White Stakes / Ball Moved / 6-3. 7-1. 10-1,3. 18-1,2,4,5.	On the Putting Green / Scoring / Relief Situations / Be Ready to Play / Lost Ball / 20-1. 23. 24-1,2. 25-1. 28.	Review Etiquette, Definitions, and Rules

Spring Camp Grid

Player 12+	Monday	Tuesday	Wednesday	Thursday	Friday
Warm Up: 9:00-9:15	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
Location 1: 9:15-9:50	Chipping	Chipping	River's Edge Play	Putting	Putting
Activity	<u>Leap Frog Chipping</u>	<u>21 Triangle Chipping</u>	River's Edge Play	<u>Around the World Putting</u>	<u>3,3,3 Putting</u>
Diagram	<u>Leap Frog Chipping</u>	<u>21 Triangle Chipping</u>	River's Edge Play	<u>Around the World Putting</u>	<u>3,3,3 Putting</u>
Location 2: 9:55-10:30	Putting	Putting	River's Edge Play	Classroom	Classroom
Activity	<u>21 Square Putting</u>	<u>Through the Gates Putting</u>	River's Edge Play	Rules Demonstration/TBD	Rules Demonstration/TBD
Diagram	<u>21 Square Putting</u>	<u>Through the Gates Putting</u>	River's Edge Play		
Location 3: 10:35 - 11:10	Classroom	Classroom	River's Edge Play	Range	Range
Activity	Rules Demonstration/TBD	Rules Demonstration/TBD	River's Edge Play	<u>21 For Full Swing</u>	<u>Football Golf with Small, Medium, and Large Swings</u>
Diagram			River's Edge Play	<u>21 For Full Swing</u>	<u>Football Golf</u>
Location 4 :11:15-11:50	Range	Range	River's Edge Play	Chipping	Chipping
Activity	<u>Football Golf with Small, Medium, and Large Swings</u>	<u>Target Golf / Phase Challenge</u>	River's Edge Play	<u>Capture the Tees Chipping</u>	<u>Noodle Bowling Chipping</u>
	<u>Football Golf</u>	<u>Target Golf / Phase Challenge</u>	River's Edge Play	<u>Capture the Tees Chipping</u>	<u>Noodle Bowling Chipping</u>
Location 5: 11:50-12:00	Wrap Up	Wrap Up	Wrap Up	Wrap Up	Wrap Up
Life Skill / Core Lesson	#1: Welcome and Showing Respect / The First Tee Code of Conduct / Meeting and Greeting	#2: Courtesy Towards Others. #3: Responsibility for the Course.	#4: The Honesty of Players. #5: Modeling Sportsmanship.	#6: Developing Confidence. #7: Using Good Judgment.	#8: Playing with Perseverance. #9: Living with Integrity.
Golf Fundamental / Factor of Influence	Distance Response / Size or Length of Motion / Y-Chip-Y, Y-Putt-Y	Target Awareness / Target Selection / See the Target	Get Ready to Swing / Hold, Set-Up, Aim & Alignment	Distance Response / Size or Length of Motion / Y-Chip-Y, Y-Putt-Y	Target Awareness / Target Selection / See the Target
Healthy Habit	Safety	Play	Energy	Safety and Play	Safety and Energy
Etiquette / Definitions / Rules	Pace of Play / USGA and R & A / The Game / Sections of the Rules of Golf / Stroke Play and Match Play / 1-1. 3-1,2.	Consideration for Other Players / The Teeing Ground / The Spirit of the Game / Equipment / 4-4a. 11-1,2,3,4b.	Care of the Course / The Player's Responsibility / Playing the Ball / 6-3. 7-1. 10-1,3. 12-2. 13-1,4. 14-1.	On the Putting Green / Be Ready to Play / Relief Situations / 6-1,5,6,7. 7-2. 10-2. 20-2. 26-1a,b. 27-1,2.	Preventing Unnecessary Damage / One Practice Swing / Ball Marker / Review Etiquette, Definitions, and Rules

Spring Camp Grid

Player 9-11	Monday	Tuesday	Wednesday	Thursday	Friday
Warm Up: 9:00-9:15	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
Location 1: 9:15-9:50	Putting	Putting	Putting	River's Edge Play	Classroom
Activity	<u>21 Square Putting</u>	<u>Through the Gates Putting</u>	<u>1,2,3, Putting Game</u>	River's Edge Play	Rules Demonstration/TBD
Diagram	<u>21 Square Putting</u>	<u>Through the Gates Putting</u>	<u>1,2,3 Putting Game</u>	River's Edge Play	
Location 2: 9:55-10:30	Classroom	Classroom	Classroom	River's Edge Play	Range
Activity	Rules Demonstration/TBD	Rules Demonstration/TBD	Rules Demonstration/TBD	River's Edge Play	<u>Football Golf with Small, Medium, and Large Swings</u>
Diagram				River's Edge Play	<u>Football Golf</u>
Location 3: 10:35 - 11:10	Range	Range	Range	River's Edge Play	Chipping
Activity	<u>Football Golf with Small, Medium, and Large Swings</u>	<u>Target Golf / Phase Challenge</u>	<u>Noodle Bowling Full Swing</u>	River's Edge Play	<u>Noodle Bowling Chipping</u>
Diagram	<u>Football Golf</u>	<u>Target Golf / Phase Challenge</u>	<u>Noodle Bowling Full Swing</u>	River's Edge Play	<u>Noodle Bowling Chipping</u>
Location 4 :11:15-11:50	Chipping	Chipping	Chipping	River's Edge Play	Putting
Activity	<u>Leap Frog Chipping</u>	<u>21 Triangle Chipping</u>	<u>Depth Charge Chipping</u>	River's Edge Play	<u>3,3,3 Putting</u>
Diagram	<u>Leap Frog Chipping</u>	<u>21 Triangle Chipping</u>	<u>Depth Charge Chipping</u>	River's Edge Play	<u>3,3,3 Putting</u>
Location 5: 11:50-12:00	Wrap Up	Wrap Up	Wrap Up	Wrap Up	Wrap Up
Life Skill / Core Lesson	#1: Welcome and Showing Respect / The First Tee Code of Conduct / Meeting and Greeting	#2: Courtesy Towards Others. #3: Responsibility for the Course.	#4: The Honesty of Players. #5: Modeling Sportsmanship.	#6: Developing Confidence. #7: Using Good Judgment.	#8: Playing with Perseverance. #9: Living with Integrity.
Golf Fundamental / Factor of Influence	Distance Response / Size or Length of Motion / Y-Chip-Y, Y-Putt-Y	Target Awareness / Target Selection / See the Target	Get Ready to Swing / Hold, Set-Up, Aim & Alignment	Distance Response / Size or Length of Motion / Y-Chip-Y, Y-Putt-Y	Target Awareness / Target Selection / See the Target
Healthy Habit	Safety	Play	Energy	Safety and Play	Safety and Energy
Etiquette / Definitions / Rules	Pace of Play / USGA and R & A / The Game / Sections of the Rules of Golf / Stroke Play and Match Play / 1-1. 3-1,2.	Consideration for Other Players / The Teeing Ground / The Spirit of the Game / Equipment / 4-4a. 11-1,2,3,4b.	Care of the Course / The Player's Responsibility / Playing the Ball / 6-3. 7-1. 10-1,3. 12-2. 13-1,4. 14-1.	On the Putting Green / Be Ready to Play / Relief Situations / 6-1,5,6,7. 7-2. 10-2. 20-2. 26-1a,b. 27-1,2.	Preventing Unnecessary Damage / One Practice Swing / Ball Marker / Review Etiquette, Definitions, and Rules

Spring Camp Grid

Player 7-8	Monday	Tuesday	Wednesday	Thursday	Friday
Warm Up: 9:00-9:15	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
Location 1: 9:15-9:50	Classroom	Classroom	Classroom	Classrom	River's Edge Play
Activity	Rules Demonstration/TBD	Rules Demonstration/TBD	Rules Demonstration/TBD	Rules Demonstration/TBD	River's Edge Play
Diagram					River's Edge Play
Location 2: 9:55-10:30	Range	Range	Range	Range	River's Edge Play
Activity	<u>Football Golf with Small, Medium, and Large Swings</u>	<u>Target Golf / Phase Challenge</u>	<u>Noodle Bowling Full Swing</u>	<u>21 For Full Swing</u>	River's Edge Play
Diagram	<u>Football Golf</u>	<u>Target Golf / Phase Challenge</u>	<u>Noodle Bowling Full Swing</u>	<u>21 For Full Swing</u>	River's Edge Play
Location 3: 10:35 - 11:10	Chipping	Chipping	Chipping	Chipping	River's Edge Play
Activity	<u>Leap Frog Chipping</u>	<u>21 Triangle Chipping</u>	<u>Depth Charge Chipping</u>	<u>Capture the Tees Chipping</u>	River's Edge Play
Diagram	<u>Leap Frog Chipping</u>	<u>21 Triangle Chipping</u>	<u>Depth Charge Chipping</u>	<u>Capture the Tees Chipping</u>	River's Edge Play
Location 4 :11:15-11:50	Putting	Putting	Putting	Putting	River's Edge Play
Activity	<u>21 Square Putting</u>	<u>Through the Gates Putting</u>	<u>1,2,3, Putting Game</u>	<u>Around the World Putting</u>	River's Edge Play
Diagram	<u>21 Square Putting</u>	<u>Through the Gates Putting</u>	<u>1,2,3 Putting Game</u>	<u>Around the World Putting</u>	River's Edge Play
Location 5: 11:50-12:00	Wrap Up	Wrap Up	Wrap Up	Wrap Up	Wrap Up
Life Skill / Core Lesson	#1: Welcome and Showing Respect / The First Tee Code of Conduct / Meeting and Greeting	#2: Coutesy Towards Others. #3: Responsibility for the Course.	#4: The Honesty of Players. #5: Modeling Sportsmanship.	#6: Developing Confidence. #7: Using Good Judgment.	#8: Playing with Perseverance. #9: Living with Integrity.
Golf Fundamental / Factor of Influence	Distance Response / Size or Length of Motion / Y-Chip-Y, Y-Putt-Y	Target Awareness / Target Selection / See the Target	Get Ready to Swing / Hold, Set-Up, Aim & Alignment	Distance Response / Size or Length of Motion / Y-Chip-Y, Y-Putt-Y	Target Awareness / Target Selection / See the Target
Healthy Habit	Safety	Play	Energy	Safety and Play	Safety and Energy
Etiquette / Definitions / Rules	Pace of Play / USGA and R & A / The Game / Sections of the Rules of Golf / Stroke Play and Match Play / 1-1. 3-1,2.	Consideration for Other Players / The Teeing Ground / The Spirit of the Game / Equipment / 4-4a. 11-1,2,3,4b.	Care of the Course / The Player's Responsibility / Playing the Ball / 6-3. 7-1. 10-1,3. 12-2. 13-1,4. 14-1.	On the Putting Green / Be Ready to Play / Relief Situations / 6-1,5,6,7. 7-2. 10-2. 20-2. 26-1a,b. 27-1,2.	Preventing Unnecessary Damage / One Practice Swing / Ball Marker / Review Etiquette, Definitions, and Rules